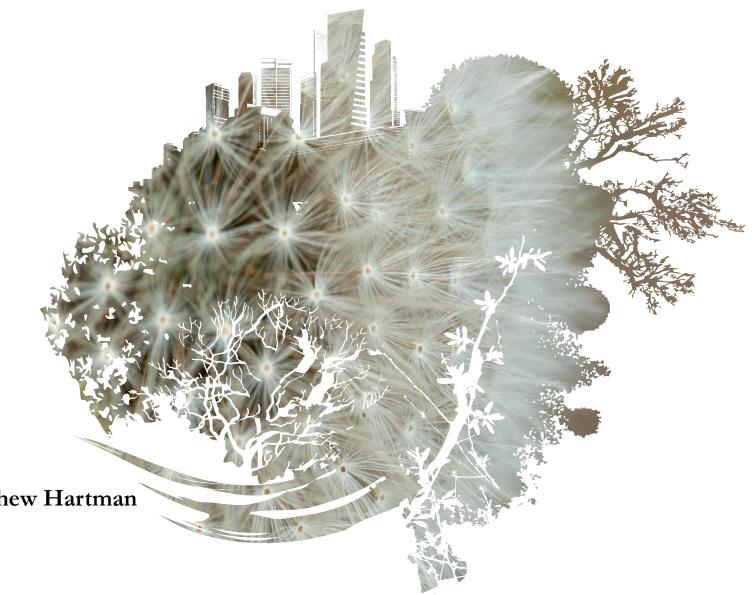
Compassionate Reconciliation

An Invitation to Healing, Growth and Relationship

Khalsa Council Special Meeting January 30, 2021 Catherine Bargen, Aaron Lyons, and Matthew Hartman







We support communities and organizations in developing just responses to harmful actions or situations.



Feelings about "Compassionate Reconciliation"

Show responses 🔘

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Layers of a Crisis

Meaning What do I believe?

Disorder

Relationships Whom can I trust?

Disconnection

Self-Image Who am I?

Disempowerment

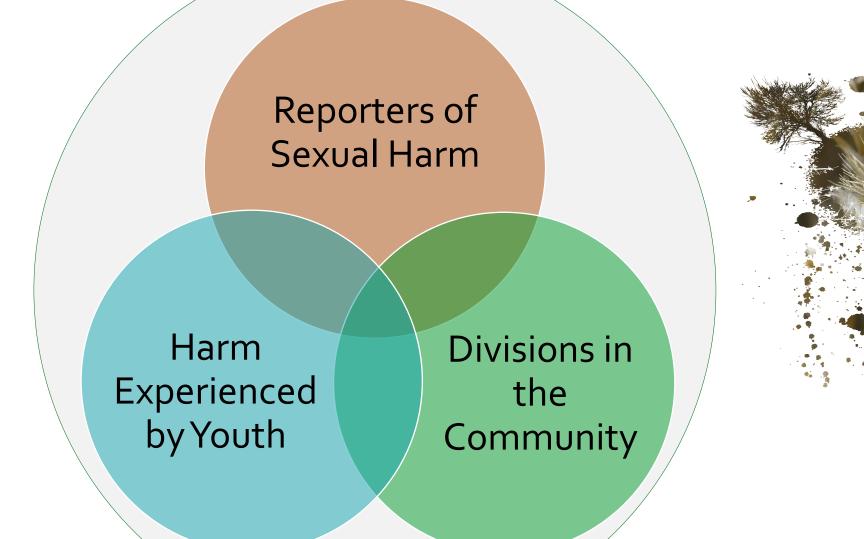


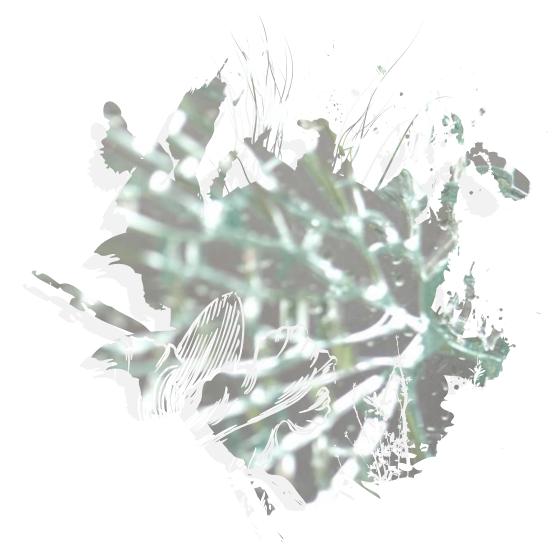
Origin

LATIN		
com together with	OLD FRENCH	
LATIN		companion Middle English
panis —— bread	breaks bread with another	

Middle English: from Old French *compaignon*, literally 'one who breaks bread with another,' based on Latin *com*- 'together with' + *panis* 'bread.'

"Just" Relationships





"Pain that is not transformed is transferred"

-Richard Rohr

Disempowerment



Disconnection







Common Elements of Healing

➤ Safety

- Acknowledgement and Validation
- > Information
- Opportunities to Tell Their Story (to nonjudgmental listeners)
- > Repair: relational, symbolic, substantive
- Empowerment a voice in the process of repair



Questions to Consider

- > To what extent do you need a common agreement of the facts in order to offer yourself toward these types of needs?
- What can make it hard to show up for someone that is hurting?

Restorative Responsibility



Problem-Solving Collective Focus Learning Posture

Connection Continuum



Dr. Brene Brown



What do you see as your responsibilities toward those expressing harm within the community?

"Try never to ignore or talk away someone's perception. Instead, try to understand where it is rooted."

John Paul Lederach

Critical Intervention Services

Ongoing support and intervention for acute concerns, harm, and conflict. Facilitation of restorative justice and conflict transformation processes.

Strategic Compassionate Reconciliation

Phase I

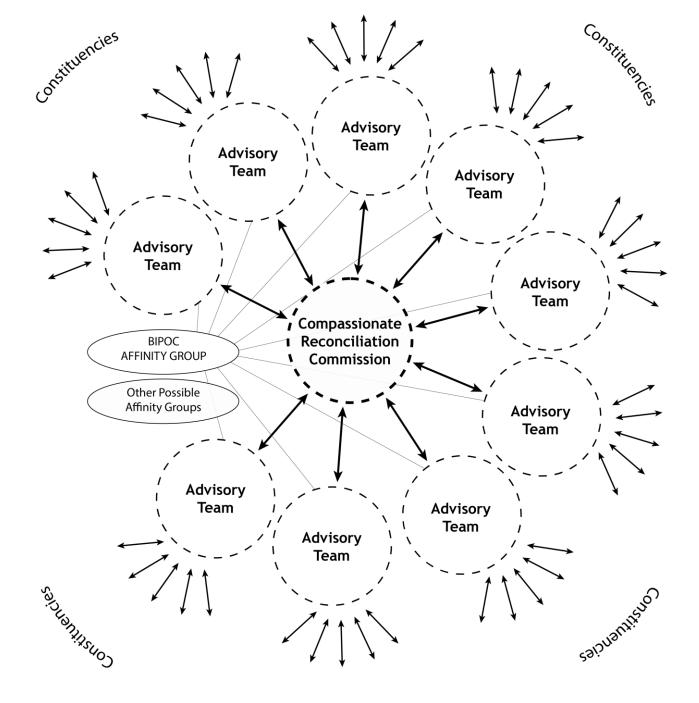
Phase II

Creating a Foundation

Planning and Capacity-Building

Phase III

Program Implementation





Thank. You!

Catherine Bargen, Aaron Lyons, and Matthew Hartman

% www.justoutcomesconsulting.com

